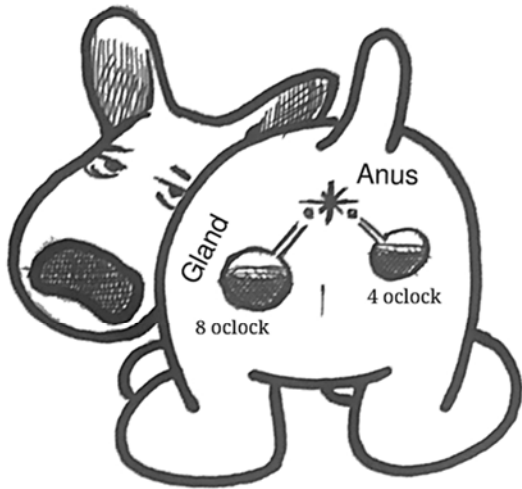


# Anal Gland Expression

Location: 4 and 8

"Shot-glass marble finger"



The glands are adjacent to the anus at the 4 and 8 position as on a clock.



Imagine removing a marble from a shot glass. So does one "pull" the material from an anal gland.

Index finger "inside" and down, and the thumb on the outside pushing against the gland, you "pull" the gland towards the anus opening and the material will come out through the gland opening.



It is very possible to damage a dog in the expression of its anal glands. This is not a comfortable procedure for dogs and it's possible that your dog won't appreciate you doing it, at all.

You will need a latex or nitrile glove and some lube. You should go slow and this is definitely a two person job. And you're likely to get bitten. Just sayin'.

For what it's worth, I don't express my OWN dog's anal glands because it's not something I want to have in our relationship. I'll have someone else do it

Ear cleaner with lactic acid is an excellent cleanup and seems to break down the smell the best.