

Food and amount	Weight Oz	Protein Grams	Fat	Carbs Grams	Moisture	Ash	Calories	Iron	Calcium	Servings
Chicken Leg Qtr w/ Skin	36	260	92	0			1900	64%	3%	4
Egg 1 Large No Shell	7	24	20	0			288	20%	8.80%	4
Flank Steak	0	0	0	0			0	0%	0.00%	0
Whole Boston Butt/Pork Roast	0	0	0	0			0	0%	0.00%	0
Chuck Roast	0	0	0	0			0	0%	0.00%	0
Ground Chuck	12	91.5	58.5	0			925.5	53%	7.35%	1.5
Beef Heart	0	0	0	1			0	0%		0
Chicken Skin (Extra)	0	0	0	0			0	0.00%	0.00%	0
Egg Shell									100%	0.5
Fish Oil Capsule Softgel	0	0	36	0						4
FOS Inulin Powder 1 tbs	0	0	0	18			10	0	0	2
Carrots	4.2	0	0	9.1			38.5			0.7
Apples	4.2	0	0	17.5			66.5			0.7
Blue Berry Yogurt	6	7	2	32			168		14%	1
									137%	133%

Flintstones Complete

Total Calories	3396.5
Total Protein	382.5
Total Fat	208.5
Total Carbs	59.6
Total Fiber	18
Total Ounces	69.4
Total Grams	650.6

Percentage Protein	58.79	Percentage Fat	32.05	Percentage Carbs	9.16	Percentage Fiber	2.77
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Total Pounds	4.34	Calories/LB	783.05
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USRDA Iron	137%
USRDA Calcium	133%

Dog Needs 20 Cal per Lb	Dog's Weight	20 lbs	Dog's Calories	400 calories	Ounces 2x Day	0.51	Multiplier on Recipe For 7 Days
				10 LB	Ounces 2x Day	2.0	0.5
				20 LB	Ounces 2x Day	4.1	1.1
				30 LB	Ounces 2x Day	6.1	1.6
				40 LB	Ounces 2x Day	8.2	2.2
				50 LB	Ounces 2x Day	10.2	2.7
				60 LB	Ounces 2x Day	12.3	3.2
				70 LB	Ounces 2x Day	14.3	3.8
				80 LB	Ounces 2x Day	16.3	4.3
				90 LB	Ounces 2x Day	18.4	4.9