

| Food and amount | Weight Oz | Protein Grams | Fat | Carbs Grams | Moisture | Ash | Calories | Iron | Calcium | Servings |
|------------------------------|-----------|---------------|------|-------------|----------|-----|----------|-------|---------|----------|
| Chicken Leg Qtr w/ Skin | 31.5 | 227.5 | 80.5 | 0 | | | 1662.5 | 56% | 3% | 3.5 |
| Egg 1 Large No Shell | 14 | 48 | 40 | 0 | | | 576 | 40% | 17.60% | 8 |
| Flank Steak | 0 | 0 | 0 | 0 | | | 0 | 0% | 0.00% | 0 |
| Whole Boston Butt/Pork Roast | 0 | 0 | 0 | 0 | | | 0 | 0% | 0.00% | 0 |
| Chuck Roast | 20 | 137.5 | 87.5 | 0 | | | 1337.5 | 70% | 7.75% | 2.5 |
| Ground Chuck | 0 | 0 | 0 | 0 | | | 0 | 0% | 0.00% | 0 |
| Beef Heart | 0 | 0 | 0 | 1 | | | 0 | 0% | | 0 |
| Chicken Skin (Extra) | 0 | 0 | 0 | 0 | | | 0 | 0.00% | 0.00% | 0 |
| Egg Shell | | | | | | | | | 100% | 0.5 |
| Fish Oil Capsule Softgel | 0 | 0 | 36 | 0 | | | | | | 4 |
| FOS Inulin Powder 1 tbs | 0 | 0 | 0 | 18 | | | 10 | 0 | 0 | 2 |
| Carrots | 4.2 | 0 | 0 | 9.1 | | | 38.5 | | | 0.7 |
| Apples | 4.2 | 0 | 0 | 17.5 | | | 66.5 | | | 0.7 |
| Blue Berry Yogurt | 3 | 3.5 | 1 | 16 | | | 84 | | 7% | 0.5 |
| | | | | | | | | | 166% | 135% |

Flintstones Complete

| | |
|----------------|-------|
| Total Calories | 3775 |
| Total Protein | 416.5 |
| Total Fat | 245 |
| Total Carbs | 43.6 |
| Total Fiber | 18 |
| Total Ounces | 76.9 |
| Total Grams | 705.1 |

| | | | | | | | |
|--------------------|-------|----------------|-------|------------------|------|------------------|------|
| Percentage Protein | 59.07 | Percentage Fat | 34.75 | Percentage Carbs | 6.18 | Percentage Fiber | 2.55 |
|--------------------|-------|----------------|-------|------------------|------|------------------|------|

| | | | |
|--------------|------|-------------|--------|
| Total Pounds | 4.81 | Calories/LB | 785.44 |
|--------------|------|-------------|--------|

| | |
|---------------|------|
| USRDA Iron | 166% |
| USRDA Calcium | 135% |

| Dog Needs 20 Cal per Lb | Dog's Weight | 20 lbs | Dog's Calories | 400 calories | Ounces 2x Day | 0.51 | Multiplier on Recipe For 7 Days |
|-------------------------|--------------|--------|----------------|--------------|---------------|------|---------------------------------|
| | | | | 10 LB | Ounces 2x Day | 2.0 | 0.5 |
| | | | | 20 LB | Ounces 2x Day | 4.1 | 1.1 |
| | | | | 30 LB | Ounces 2x Day | 6.1 | 1.6 |
| | | | | 40 LB | Ounces 2x Day | 8.1 | 2.2 |
| | | | | 50 LB | Ounces 2x Day | 10.2 | 2.7 |
| | | | | 60 LB | Ounces 2x Day | 12.2 | 3.2 |
| | | | | 70 LB | Ounces 2x Day | 14.3 | 3.8 |
| | | | | 80 LB | Ounces 2x Day | 16.3 | 4.3 |
| | | | | 90 LB | Ounces 2x Day | 18.3 | 4.8 |